

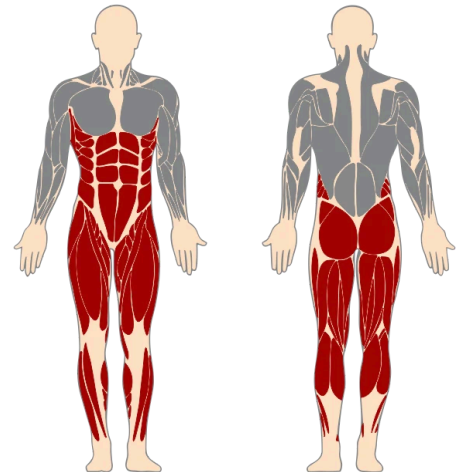
Art. K08000

Guided Squat

Guided squat for legs and glutes, safe without a training partner.



MUSCLES TRAINED



thighs, glutes, hips, calves, back

TECHNICAL DATA

Length	1.99 m
Width	0.98 m
Height	1.5 m
Movement area	19.85 m ²
Weight stack	5 Kg x 12 Scheiben
Material	Stainless steel 1.4301 (V2A)
Standard	SN EN 16630

FEATURES

- Stainless steel 1.4301 (V2A)
- Standard SN EN 16630
- Low maintenance, usable outdoors all year round