

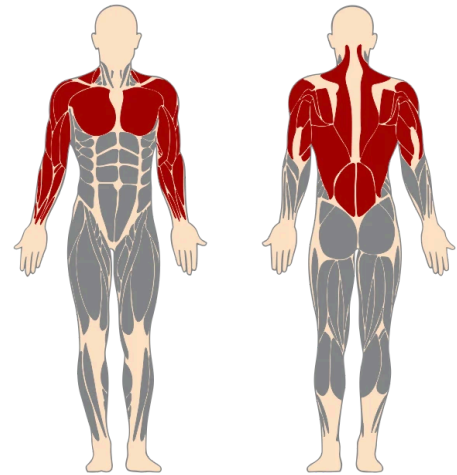
Art. K08010

Seated Row

Horizontal pulling for the middle back.



MUSCLES TRAINED



back, biceps, triceps, forearms

TECHNICAL DATA

Length	2.25 m
Width	0.8 m
Height	1.47 m
Movement area	19.95 m ²
Weight stack	5 Kg x 8 Scheiben
Material	Stainless steel 1.4301 (V2A)
Standard	SN EN 16630

FEATURES

- Stainless steel 1.4301 (V2A)
- Standard SN EN 16630
- Low maintenance, usable outdoors all year round

Vertical Technik AG

Bächliackerweg 6, 4402 Frenkendorf
+41 61 413 28 00 · info@vgym.ch

vGYM – Outdoor fitness equipment
vgym.ch/geraete/rudergeraet/